

	Lunes			Martes			Miércoles			Jueves			Viernes			Sábado	
	BOX			BOX			BOX			BOX			BOX			BOX	
6,30h	Crossfit		6,30h	Crossfit		6,30h	Crossfit		6,30h	Crossfit		6,30h	Crossfit				
7,00h	Funcional Box		7,00h	Funcional Box		7,00h			7,00h	Funcional Box		7,00h	Funcional Box				
7,30h	Crossfit		7,30h	Crossfit		7,30h	Crossfit		7,30h	Crossfit		7,30h	Crossfit			8,00h	Crossfit
8,30h	Endurance		8,30h	Funcional Box		8,30h	HYBRID		8,30h	Funcional Box		8,30h	Crossfit				
9,30h	Funcional Box		9,30h	Strength & Barbell		9,30h	Funcional Box		9,30h	Gimnásticos		9,30h	Funcional Box			9,00h	Crossfit
10,30h	Crossfit		10,30h	Crossfit		10,30h	Crossfit		10,30h	Crossfit	*	10,30h	Crossfit			9,30H	Crossfit
11,30h			11,30h	Crossfit		11,30h			11,30h	Crossfit		11,30h	Crossfit			10,00h	Crossfit
12,30h	Crossfit		12,30h			12,30h			12,30h			12,30h	Crossfit			10,30h	Crossfit
13,30h	Crossfit	Endurance	13,30h	Crossfit	Funcional Box	13,30h	Crossfit	HYBRID	13,30h	Crossfit	Funcional Box	13,30h	Crossfit	Strength & Barbell		11,00h	Crossfit
14,30h	Crossfit		14,30h	Crossfit		14,30h	Crossfit		14,30h	Crossfit		14,30h	Crossfit				
15,30h	Crossfit		15,30h	Crossfit		15,30h	Crossfit		15,30h	Crossfit		15,30h	Crossfit				
16,30h	Crossfit		16,30h	Crossfit		16,30h	Crossfit		16,30h	Crossfit		16,30h	Crossfit	KIDS	Funcional Box		
17,30h	Crossfit	Funcional Box	17,30h	Crossfit	Funcional Box	17,30h	Crossfit	HYBRID	17,30h	Crossfit	Funcional Box	17,30h	Crossfit	TEENS	Funcional Box		
18,00h	Endurance		18,00h	Strength & Barbell		18,00h	Boxeo		18,00h			18,00h					
18,30h	Crossfit	Funcional Box	18,30h	Crossfit	Funcional Box	18,30h	Crossfit	HYBRID	18,30h	Crossfit	Funcional Box	18,30h	Crossfit	TEENS	Funcional Box		
19,00h	Boxeo		19,00h			19,00h			19,00h			19,00h					
19,30h	Crossfit	Funcional Box	19,30h	Crossfit	Funcional Box	19,30h	Crossfit	HYBRID	19,30h	Crossfit	Funcional Box	19,30h	Crossfit				
20,30h	Crossfit		20,30h	Crossfit		20,30h	Crossfit		20,30h	Crossfit		20,30h					